

## RACE FEATURES

- Well marked accurate courses
- Each mile marked
- Unique T-shirt design
- Post race juice and lunch
- Quick on site results

*Race proceeds help support the  
Fremont Boy's Cross Country Team*

## RACE SPONSORS



**DEWEY BUILDERS**



The Frostbite  
5911 S. LANDING LANE  
FREMONT, MI 49412



**Saturday, January 28, 2017**

**10:00 a.m.**

**Fremont High School**

**5421 S. Warner, Fremont, MI 49412**

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**DEWEY BUILDERS**



## THE RACES

The race originated in 1979 as part of the Fremont Winterfest Celebration. It is the only event from the Winterfest Celebration that continues today. The races will start from different locations at the same time and will have a common finish line.

## FACILITIES

The headquarters is the cafeteria of the Fremont High School. The start and finish of the races will be on school grounds. Locker rooms and showers will be available for race participants.

## ENTRY FEE

The entry fee for either race is \$25 per runner. The late registration fee is \$30 per runner. On-site registration will be available from 8:15-9:45 a.m. on race day in the lobby area.

***Race shirts (long sleeve technical fiber) guaranteed to all entries received by January 16, 2017***

## AGE DIVISIONS

Male and Female Divisions  
10 and under - 5K race only

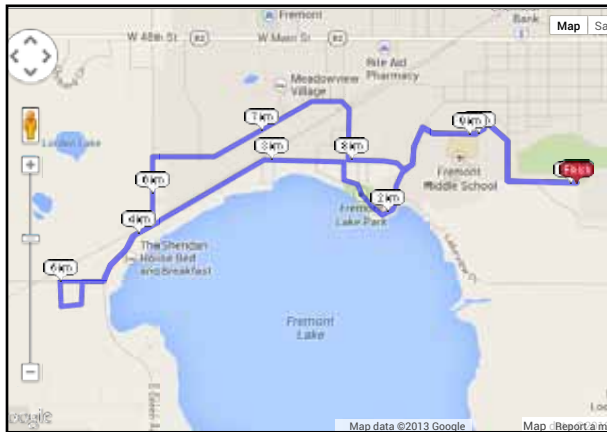
11-15	30-34	55-59
15-19	35-39	60-64
20-24	40-44	65-69
25-29	45-49	70 & up
	50-54	

## THE COURSE

### 5K



### 10K



### Questions:

Contact **Cliff Somers** [csomers@fremont.net](mailto:csomers@fremont.net)

#### On-line Registration at

<https://runsignup.com/Race/MI/Fremont/FremontFrostbiteRun>

Results at <https://runnersedgeracetiming.com>  
or <https://www.fremontxc.com>

ENTRIES MUST BE RECEIVED BY JANUARY 16, 2017 TO AVOID LATE REGISTRATION FEE

## REGISTRATION FORM – On-line Registration at [Runsignup.com/Race/MI/Fremont/FremontFrostbiteRun](https://runsignup.com/Race/MI/Fremont/FremontFrostbiteRun)

PLEASE PRINT IN INK OR TYPE. MAKE CHECKS PAYABLE TO FREMONT CROSS COUNTRY.

MAIL TO: **CLIFF SOMERS**: 5911 S. Landing Ln., Fremont, MI 49412

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE ON RACE DAY \_\_\_\_\_

SEX  MALE  FEMALE RACE  5K RUN/WALK  10K RUN

T-SHIRT  S  M  L  XL

Signature \_\_\_\_\_

To be signed by the athlete and/or parent-guardian of athletes under 18. I hereby release the sponsors and officials of the Fremont Frostbite to be held on January 25, 2017 from all damages or injuries incurred during or arising out of my participation in this event. I also certify that I am in sufficient physical condition to participate in this event. Race management reserves the right to cancel the race due to conditions they consider unsafe. In the case of cancellation there will be no refund.