

MUSKEGON TURKEY TROT 5K TRAIL RUN/WALK

*NEW LOCATION ORCHARD VIEW HIGH SCHOOL see below(same trails)

WHEN: Saturday, November 7, 2009
Late Registration 8:45 a.m. – 9:45 a.m. Race starts at 10:00 a.m.
Walkers welcome – will be timed as a runner. No strollers or pets on the course by anyone.

WHERE: Race is at ORCHARD VIEW HIGH SCHOOL, 16 N Quarterline., Muskegon, MI 49442. Take Apple Ave. exit off US-31. Go east on Apple to QUARTERLINE, turn left (N) on Quarterline go approximately 1 ½ Mi., Cross Marquette Ave., go past MCC. The High School is on the right.
***NEW LOCATION**

AWARDS: Custom Trophies to Male & Female Overall & Masters Winners
Custom Trophies to Age Division Winners
Custom Medals - 2nd & 3rd Age group winners - 9 and under, & every 5 yr age group entered.

COST: \$20.00 pre-registered with mock turtle neck long sleeved shirt (Must be post marked by October 24, 2009).
\$15.00 pre-registered without shirt (Must be post marked by October 24, 2009).
\$13.00 per person, **SPECIAL FAMILY RATE, (NO SHIRT)**, 3 or more in immediate family living at same address. Must be pre-registered (Must be post marked by October 24, 2009).
\$25.00 Late registration with long sleeved shirt – if available
No shirts will be mailed, no refunds.

AMENITIES: Refreshments will be available to the runners after the race.
A drawing will be held before the awards presentation for door prizes.
CHIP FINISH BY RUNNERS EDGE RACE TIMING. Results at www.RunnersEdgeRaceTiming.com
ON LINE REGISTRATION: GoRaceGo.com
ALL PROFITS FROM THIS RACE WILL BE DONATED TO A LOCAL CHARITY.

Cut here:

Application must be post marked by October 24, 2009 for early registration and guaranteed finish gift.

Last Name: _____ First Name _____

Street Address _____ City _____ Zip _____

Phone# _____ Email _____ Birthdate _____ Age on race day _____

Gender: Male Female (circle one) Shirt size: (NO SHIRT) SMALL MED LARGE X-LARGE (XXL +\$3.00 EXTRA) (circle one)
(NO SHIRT PRE REGISTERED ONLY) (XXL \$3.00 EXTRA PRE REGISTERED ONLY)

I by my signature verify I will be legally bound by this release. I do, for myself, my heirs, administrators and executor, waive and release, forever, any and all rights to claims and suits for damages I might accrue against the Just Desserts Running Club, its principals, representatives, sponsors, underwriters, beneficiaries, and/or assigns, for any and all injuries suffered by me while traveling to, from and while participation in the afore said event.

Entrant Signature _____

Parent or Legal Guardian if under age 18

For more information call Debbie Therrian at (231)894-9693 or Jan Spitler at (231)894-6189 or e-mail Jan at janrun@charter.net Make checks payable to: **JUST DESSERTS RUNNING CLUB** and mail to Debbie Therrian, 11033 Nichols Rd., Holton, MI 49425.

RACE ORGANIZERS RESERVE THE RIGHT TO CANCEL OR POSTPONE THE EVENT, NO REFUNDS.
JUST DESSERTS RUNNING CLUB DONATED OVER \$1,400 TO LOCAL CHARITIES IN 2008.